

# CAMP

## THROUGH THE

### *Entire Bible*

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## WEEK 6

Family CAMP devotions are a way to come together as a family and interact with God's Word. We will go through the entire Bible together this summer! Don't miss the opportunity to CAMP with your family each week using this simple family devotion guide.

### **How do we CAMP as a family?**

**C**ome together  
**A**ccess God's Word  
**M**ake conversation  
**P**ray



### **C: Come Together**

Come together and remove distractions. Prepare your heart and mind to hear from God's Word together today by bringing something that makes you feel better when you're sad or worried.

For example, bring a blanket, stuffed animal, hoodie, piece of music, book, personal letter or card, or drawing. Why do these things make you feel better? Let's find out why God is the One who comforts best.

### **A: Access God's Word**

Access God's Word by reading today's Bible passage together and the daily devotion aloud.

**Open your Bible and read aloud Lamentations 3:21-25.**

### **Hope When Life is Hard**

The comforting thing that each of you brought today is important to you because that object helps you feel better inside when you're wearing it, wrapping yourself in it, or you just feel better when you have it with you.

It makes you feel loved. You might even bring it with you on vacation!

These special and familiar objects may help you feel safe and comforted.

But these things are just things. It may be hard to imagine right now, but you may not even need them as you get older! While they bring comfort for a short time and from the



outside in, God is different. He never changes and He's always with you, bringing comfort at all times from the inside out!

When you hurt, God hurts. He knows you so well that when life is hard, you can feel better by remembering who He is. God loves you with a love that is greater than you can even imagine. Every day and every night you are on His mind and in His heart. He made you, so He understands your feelings, and will bring you the peace and calm that you need.



Sometimes you might have to wait for God to work in the situation. But you do not have to worry or be sad. Why? Because the verses we read today remind us that God is faithful and He will make sure you have what you need. He is the **only** one who can see what happened yesterday and today, and what will happen tomorrow. It's as if He can see the movie of your life from the very beginning to the end! Waiting is hard, but knowing He has a plan for your life will help you trust Him, no matter how He carries out that plan. What God does is always perfect, and He knows the best way and time to help you.

Scripture says that when we hope and trust in God, we can find comfort as we seek Him. He loves His relationship with you and longs to share His Words,, listen, give direction, love you, and help you not to worry or feel sad. You can talk to Him just like you talk to your best friend. He already knows what's in your heart, but sometimes it just feels better to pour out your feelings to Him.

So if you're feeling that life is too hard, pray and ask God for help. And take a deep breath, because God's got this!

#### **M: Make Conversation**

Make conversation around today's Bible passage and devotion by asking the questions provided. The goal of this time is to discover together the truths from God's Word and the daily devotion. Think of ways that you and your family can put this truth into action.

1. How does the thing you brought today make you feel? (Warm, comfy, familiar, loved) How is God different from an object? (He never changes, is always with you, and comforts always. He comforts us from the inside out.)
2. Why does God understand your feelings? (Because He made you and knows you.)
3. Why do you have to wait for God sometimes? (Because He has a plan for you, and knows the perfect time and way to accomplish it.)
4. How is talking to God like talking to your best friend? (Because He loves you, wants to share His Words with you, listens, gives direction, and helps you not to worry or be sad.)



## P: Pray

Guide your family through a prayer to end your time together.

**Praise God** that He is with you all the time and that He loves you.

**Thank God** that you can talk to Him anytime and tell Him how you feel.

**Confess sin** anything you say, do, or think that hurts God's heart.

**Ask God to help you** remember that He can be trusted because He has a plan for you.

**Ask God to help others** understand why you have hope and peace even when life is hard.

## Family CAMP Activities

Ask an older child or adult to draw a big heart on a large piece of paper (or white or colored cardboard) and label it "God's Heart". Cut out slips of paper big enough to write on. Ask each member of the family to write down something that makes them sad or worried on one slip of paper (help younger children write or have them draw something). Feel free to use more than one slip of paper. Have each person fold their slip of paper in half so no one sees it, and tape it to "God's Heart".



If you choose, you can keep "God's Heart" up somewhere and invite the family to put more slips on there as they need. Remind them that they can always talk to God in prayer about what they've written down, and let them know they can share that concern if/when they are ready.